

Books Authored:

First author – ‘ Human Resource management’, United Agencies , Mangaluru. - II Semester BCom, ISBN: 978-93-85682-62-9, 2020

Co- Authored- ‘Economics of Human Resource Management’, HSRA Publications, Bangalore. - BA V Semester for All universities, ISBN: 978-93-5506-605-3, 2023

Co- Authored- ‘Economics of Human Resource Management’ (Kannada Version)HSRA Publications, Bangalore. - BA VI Semester for All universities, ISBN: 978-93-5506-605-3, 2023

Co- Authored- ‘Economics and Law’, HSRA Publications, Bangalore. - BA IV Semester, ISBN: 978-93-5506-498-1, 2023

Co- Authored- ‘Strategic Management’, HSRA Publications, Bangalore, ISBN: 978-93-6048-561-0, 2024

Books Edited:

“Women Development : Process & Prospect”, HSRA Publications, Bangalore , ISBN: 987-93-5506-673-2, 2024

“Women Development: Catalyst for sustainable Development ”, HSRA Publications, Bangalore , ISBN: 987-93-5506-688-6, 2024

Chapters Published:

Published a chapter titled “A Study on Socio –Economic Conditions of migrant workers in Mangalore City” in the book ‘Journey across Borders: Navigating the Tapestry of Migration’, Edited by Dr.V. Basil Hans, HSRA Publications, Bangalore , ISBN: 987-93-5506-738-8, 2024

Published a chapter titled “Feminism is a Doctrine” in the book ‘Women Development: Catalyst for sustainable Development’, Edited by Dr.V. Basil Hans & others, HSRA Publications, Bangalore , ISBN: 987-93-5506-688-6, 2024

‘E Waste Management by Mangaluru City Corporation’; Published in the book titled SANITATION *WOES: Unravelling the Challenges and Paving the Path to Progress*. Edited by Govindaswamy BK, HSRA Publications, 2024

Published a chapter titled “Sustainability of Areca Nut Farming with the innovation of Areca Tea – A case study” in the book, ‘Innovative Business Practices in the Present Digital ERA’, Edited by Dr. Amit Verma, Book Rivers Lucknow, ISBN: 987-93-5515-047-9, 2021

Training / Resource Person:

-“**Teacher’s Orientation Programme**” for Pre University Lecturers of Mahathma Gandhi Centenary PU College Bondel

-“**Managing/engaging Human Resources**” to LPG Distributers of BPCL Mangalore, Karnataka.

- “Personality Development”** Resource Person on *International Women’s Day* at **KIOCL Mangalore**; conducted a half day training session
- “Creativity skill Development”** to employees of MCF Ltd, Mangalore
- Chief Guest - Resource Person on *International Women’s Day* at **IOB Bank Regional Branch Mangalore**
- “New Trends in Organizational Culture”** – a session during **state level Seminar** organized by St. Philomena’s College Puttur
- Training on **“Smile and Greet”** for employees of **Sequent Scientific Limited** in Mangalore
- Training on **“Stress Management”** for the **Panchayat Development officers** of Karnataka State
- Presentation on **“5 S”** to the employees of **Hindustan Petroleum Corporation** Mangalore
- Key note on **“Mission of Women”** organized by women’s forum, Brahmavar
- Key note address on **“Family Life Problems and solutions”** Annual conference organized by the DCCW Mangalore
- Session on **“Individual Life Long Development”** organized for the **School Principals** by Help-Age India
- “How to be an effective HR personnel”** in a state level Seminar organized by Vivekananda College Puttur
- “Stress Management”** – for the newly recruited Panchayat Development officers of Karnataka State
- “Individual Life long Development”** – School Principals
- “Effective Parenting”** – Parent Teachers Association
- “Women and Gender Sensitization”**- UGC sponsored Workshop at St. Agnes College Mangalore
- **“Pragathi 2010”** - Moderator for the Symposium organized by AIMIT Mangalore.
- **“PM & IR Specialization”** Orientation course for MSW students
- “Women in the Family”, “Woman the protector of Environment”** for SHG members of various groups of DK Dist
- “Personality Development”** for women employees of KIOCL Mangalore on *International Women’s*
- “Self Esteem”** for teachers and students

- **“Family life Education”** – For to be married couples
- **“Teenage Realities”** – For the various High School students of Mangalore
- **“Teen age and Love affair”** – for the Young Christian Movement Group
- **“Love and Friendship”** – for the Young Christian Movement Group
- **“Married Life and Marital problems”** – for the members of Catholic Sabha

Other Achievements:

1. Completed a Project Work assigned by Karnataka Bank – **“HR issues affecting the performance of Karnataka Bank”**
2. Won the Prof. Radhakamal Mukherjee - **Young social scientist** award by ISSA
3. Life member of National Institute of Personnel Management
4. Governing Body member of ‘Bhandhavya’ a Federation of NGO’s Mangaluru.

Articles Published

- Published a paper titled ‘Research Inventions are prone to resilience prior to renewal or adaptation’ in IJAAR, Vol.6 Issue-37 Mar-Apr- 2025, ISSN – 2347-7075
- ‘SMILE of a Leader: A Contributor to Happy Workplace’ - HR Connect - Volume I , Issue 2 , April - June 2024, ISSN No. 3048-5894, published
- “An Interdisciplinary Approach in Sociology and Economics, with Reference to SHGs and Microfinance”: Posted: 27 Apr 2023 Savitha Pereira and V. Basil Hans -SSRN
- Impact of DD Chandana Channel's 'Vidhyagama Samveda' on Rural School Children: Posted: 14 Mar 2023, Savitha Pereira and V. Basil Hans –SSRN
- Women Empowerment in the Rural Areas through SHGs – A Case Study on SKDRDP, Dharmasthala in DK District of Karnataka, India International Journal of Research Publication and Reviews: www.ijrpr.com ISSN 2582-7421 Vol 4, no 11, pp 364-370 November 2023
- “Value Based HRM at MNC’s of Mangaluru” International Journal of Scientific Research in Computer Science Applications and Management Studies (UGC recognized,) ISSN 2319 – 1953
- “A study on usage of mobile social media by Baby boomers (With special reference to baby boomers of Mangaluru city” International Journal of Scientific Research in Computer Science Applications and Management Studies (UGC recognized), ISSN 2319 – 1953.
- “Women Empowerment in the Rural Areas through SHGs – A Case Study on SKDRDP, Dharmasthala in DK District of Karnataka, India” .International Journal of Research Publication and Reviews Journal homepage: www.ijrpr.com ISSN 2582-7421, Vol 4, no 11, pp 364-370 November 2023,
- “A Study on the Necessity of Safeguarding Underground Water Levels through Rainwater Harvesting In Mangalore, Karnataka, India”, IJAAR Vol. 5 Issue-23 ISSN – 2347-7075, International Journal of Advance and Applied Research (IJAAR) Peer Reviewed Bi-Monthly
- ‘Impact of E-Commerce Consumerism on Environment’ -Langlit- an International Peer reviewed open access Journal-ISSN 2349-5189, Vol. 7 Issue 4, May, 2021. www.langlit.org

- “Effectiveness of the internet pop up ads in attracting and retaining the customers (with special reference to Mangalorean customers)” in International Journal of Latest trends in Engineering & technology in the month of December 2017
- “Organizational Development through organizational change at NMPT., Mangalore”- Proceeding of National Seminar on ‘Innovative Management Practices for sustainable Development’ April 2017, organized by Dept of Management Studies, Kovilpalayam, Coimbatore
- “Transforming Mangaluru Into ‘The E-Clean Smart City’ “ in the International Journal of Latest Trends in Engineering and Technology Special Issue SACAIM 2016, pp. 248-253 e-ISSN:2278-621X
- “A Study on the attempt of MCC in making E-Clean Mangaluru (The Smart City) “– proceedings of International Conference on Advanced IT, Engineering and Management (SACIM 2016), organized by St. Aloysius College, Mangalore in association with Dept of Computer Applications, Software Technology & Bioinformatics And Computer Society of India- AIMIT BRANCH
- “Strategic workplace issues in MNC’s –with special reference to MNC’s of Mangalore”; published in AL -SHODHANA A Multi-Disciplinary refereed research Journal, Vol- IV, No. -2, July 2016, ISSN 2320 -6292 -Publisher St. Aloysius College (Autonomous) Mangaluru